

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Ian van der Merwe**

Has successfully participated & completed the

**Cross Duathlon - Sprint Cowhouse Cross Duathlon #1**

held at Hazeldean Valley Trails.

**TIME 01:37:33**

**PACE 12.30km/h**

**GENDER 9 of 17**

**OVERALL 15 of 27**

**50 - 54 2 of 3**

04 June 2023, Sun

Date



*BoutTime*

Signature

